

#### МИНИСТЕРСТВО НАУКИ И ВЫСШЕГО ОБРАЗОВАНИЯ РОССИЙСКОЙ ФЕДЕРАЦИИ

Федеральное государственное автономное образовательное учреждение высшего образования

#### Дальневосточный федеральный университет (ДВФУ)

#### ШКОЛА БИОМЕДИЦИНЫ

«СОГЛАСОВАНО»

Руководитель ОП

Каленик Т.К. (Ф.И.О. рук. ОП)

«12» июля 2018 г.

(подпись)

«УТВЕРЖДАЮ»

Директор Департамента пищевых наук и технологий

Ю.В. Приходько (подпись) (Ф.И.О.)

«12» июля 2018 г.

#### УЧЕБНО-МЕТОДИЧЕСКИЙ КОМПЛЕКС ДИСЦИПЛИНЫ

«Functional food / Функциональные продукты питания»

Направление подготовки 19.04.01 Биотехнология Образовательная программа «Agri-Food Biotechnology» Форма подготовки очная

Школа биомедицины Департамент пищевых наук и технологий Курс 2, семестр 4 \_\_\_ Лекции – 9 час Практические занятия -\_27\_ час Лабораторные работы -\_-\_ час Самостоятельная работа – \_36\_ час Всего часов -\_108 час Всего часов аудиторной нагрузки – \_72\_ час Зачет – \_4\_ семестр Экзамен – \_-\_ семестр

Учебно-методический комплекс составлен соответствии требованиями c образовательного стандарта, самостоятельно устанавливаемого ДВФУ, утвержденного приказом ректора ДВФУ ректора от 07.07.2015 № 12-13-1282.

УМКД обсужден на заседании Департамента пищевых наук и технологий Школы биомедицины ДВФУ протокол № 1 от «11» июля 2018 г.

Директор Департамента пищевых наук и технологий Ю.В. Приходько Составитель: Сенотрусова Т.А.

#### **ANNOTATION**

of the educational complex of discipline "Biotechnology for the production of functional foods" Direction of preparation: 19.04.01 Biotechnology Educational program: "Agri-Food Biotechnology"

The educational-methodical complex of the discipline "Biotechnology for the production of functional foods / «Functional food / Функциональные продукты питания» was developed for students of the \_2\_ course in the direction 19.04.01 "Biotechnology" master's program "Agri-Food Biotechnology" in accordance with the requirements of OS HE in this area and the regulation on educational and methodical complexes disciplines of educational programs of higher professional education (approved by order of the rector of the FEFU from 04.17.2012 No. 12-13-87).

The discipline "Biotechnology for the production of functional foods / «Functional food / Функциональные продукты питания» is included in the variable part of the curriculum.

The total complexity of mastering the discipline is \_\_108\_\_ hours. The curriculum includes lecture classes (\_\_9\_\_ hours), practical classes (\_\_27\_ hours), independent work of the student (\_\_36\_\_ hours). The discipline is implemented on the \_\_2\_\_ course in the \_\_4\_\_ semester.

The content of the discipline covers a range of issues related to the theoretical and practical aspects of the production of Biotechnology for the production of functional foods products based on knowledge of the composition and properties of raw materials of various origins; the essence of technological methods and methods of its processing; changes in physico-chemical, rheological, microbiological indicators in the process stream.

The discipline "Biotechnology for the production of functional foods" is logically and meaningfully connected with such courses as "Chemistry", "Biotechnological features of the production of plant products", "Biotechnological features of the production of animal products". Mastering the discipline is closely

connected with the study of disciplines: "Fundamentals of food biotechnology", "Microbiology".

The discipline is aimed at the formation of professional competencies.

Educational complex includes:

- the work program of the discipline;
- educational and methodological support of students' independent work
   (Appendix 1);
- appraisal fund (appendix 2).

Директор Департамента

пищевых наук и технологий

\_Ю.В. Приходько



#### МИНИСТЕРСТВО НАУКИ И ВЫСШЕГО ОБРАЗОВАНИЯ РОССИЙСКОЙ ФЕДЕРАЦИИ

Федеральное государственное автономное образовательное учреждение высшего образования

### «Дальневосточный федеральный университет» $(ДВ\Phi Y)$

#### ШКОЛА БИОМЕДИЦИНЫ

«СОГЛАСОВ	AHO»	«УТВЕРЖДАЮ»		
Руководитель	ОП	Директор Департамента пищевых наук и технологий		
(подпись)	<u>Каленик Т.К.</u> (Ф.И.О. рук. ОП)	(подпись) (Ф.И.О. )		
«12» июля 201	18 г.	«12» июля 2018 г.		
	«Functional food / Функ Направление подгот	<b>МА УЧЕБНОЙ ДИСЦИПЛИНЫ</b> циональные продукты питания» говки 19.04.01 Биотехнология мма «Agri-Food Biotechnology»		
		мма «Agri-гоод Бтогесппогоду» годготовки очная		
лекции9 ча практические за в том числе с ис всего часов ауди в том числе с ис самостоятельная в том числе на п	нятия 27 час. пользованием МАО <u>лек.</u> 4_ гторной нагрузки 36 пользованием МАО 12 час. г работа 72 час. одготовку к экзамену / курсовой проект семестр	час. _ час.		
		ствии с требованиями образовательного овержденного приказом ректора от 07.07.2015		
Школы биомед Директор Депар	амма обсуждена на засед ицины ДВФУ протокол N таментаПриходько Ю.В ): к.т.н., доцент Сенотрусова		хнологий	

#### Оборотная сторона титульного листа РПУД

Протокол от «	»	201	г. №		
Директор Департамента		(подпись)		_ Ю.В. Приходько (И.О. Фамилия)	
II. Рабочая прог <b>ј</b>	рамма пересм	мотрена на заседа	нии Деп	іартамента:	
Протокол от «		20	г. №		
Директор Депар	тамента	(подпись)		_ Ю.В. Приходько (И.О. Фамилия)	

#### **ABSTRACT**

Master's degree in 19.04.01 «Biotechnology»

Master's Program «Agri-Food Biotechnology»

**Course title:** «Biotechnology of Biotechnology for the production of functional foods production»

#### Variable part of Block, 3 credits

#### At the beginning of the course a student should be able to:

- the ability to use modern methods and technologies (including information) in professional activities (OC-5)
- hold the basic methods and techniques of experimental research in the professional field; ability to carry out standard and certification tests of raw materials, finished products and production processes (PC-9)
- possession of experimental design, processing and presentation of the results (PC-10)
- the ability to participate in the development of technological projects in the group of authors (PC-12)
- the ability to develop and implement normative documents on standardization, certification of food products (PC-16).

#### **Learning outcomes:**

- PC-11 ability to provide technological discipline, sanitary and hygienic mode of operation of the enterprise, the content of technological equipment in proper technical condition;
- PC-14 ability to use standard and develop new methods of engineering calculations of technological parameters and equipment of biotechnological production;
- PC-17 readiness to conduct pilot technology development and process scaling;
- PC-18 ability to develop and scientifically substantiate optimal integrated certification schemes for biotechnological products;

PC-19 ability to analyze the performance of the process for compliance with the initial scientific developments.

Course description: The content of the discipline covers a range of issues related to theoretical and practical aspects of the production of Biotechnology for the production of functional foods products based on knowledge of the composition and properties of raw materials of different origin; the essence of technological methods and methods of its processing; changes in physical, chemical, rheological, microbiological indicators in the process flow.

#### **Main course literature:**

- 1. Biotechnology for the production of functional foods: a textbook for universities / [R. A. Zainullin, R.V. Kunakova, H.K.Gadeleva and others]. Moscow: KnoRus, 2012. 303 p. (3 copies.) Http://lib.dvfu.ru:8080/lib/item?id=chamo:667028&theme=FEFU
- 2. Biotechnology for the production of functional foodss. Introduction to technology: a textbook for high schools / A. F. Doronin, L. G. Ipatova, A. A. Kochetkova [and others]; by ed. A. A. Kochetkova. Moscow: DeLee Print, 2009.

  (3 copies) 286 p. http://lib.dvfu.ru:8080/lib/item?id=chamo:359010&theme=FEFU
- 3. Vitamins and vitamin-like substances: a tutorial / Yu. A. Tyrsin, A. A. Krolevets, A. S. Chizhik. Moscow: DeLi Plus, 2013. 202 p. (2 copies) http://lib.dvfu.ru:8080/lib/item?id=chamo:732093&theme=FEFU

Form of final knowledge control: credit.

#### ANNOTATION

The discipline "«Functional food / Функциональные продукты питания» is included in the variable part of the professional (special) cycle of the discipline for the choice of the main educational program of the magistracy 04/19/01 "Biotechnology".

The total complexity of mastering the discipline is 3 credits, 108 hours. The curriculum includes lecture classes (9 hours), practical work (27 hours), independent work of the student (72 hours). The discipline is implemented in the 2nd year in the 4th semester.

The working curriculum of the discipline "Biotechnology for the production of functional foods / «Functional food / Функциональные продукты питания» of a special cycle is compiled in accordance with the OS of the FEFU for masters in the direction of 04/19/01 "Biotechnology", profile "Agri-Food Biotechnology". Designed for full-time students.

The content of the discipline covers a range of issues related to the study of chemical, biological, technological processes in the field of technology of functional products, the creation of Biotechnology for the production of functional foods products, the specific effects of Biotechnology for the production of functional foods ingredients of various groups, the role of Biotechnology for the production of functional foods products in the prevention of diseases and maintaining human homeostasis, modern achievements in this area. The implementation of this program involves the widespread use of students' knowledge gained in the study of previous disciplines.

The discipline "Biotechnology for the production of functional foods" is logically and meaningfully connected with such courses as "Chemistry", "Biotechnological features of the production of plant products", "Biotechnological features of the production of animal products". Mastering the discipline is closely related to the study of disciplines: "Fundamentals of food biotechnology",

"Microbiology", "Organization and conduct of the technological process at the enterprises of the industry".

**The purpose** of mastering the discipline "Biotechnology for the production of functional foods / «Functional food / Функциональные продукты питания» is to deepen and expand the fundamental and professional knowledge of the master needed for production, technological and research activities in the field of creating Biotechnology for the production of functional foods.

#### **Objectives** of the discipline are:

- expanding knowledge about the scientific foundations and processes of production of functional products, about the principles of creating new recipes for functional products; about the main characteristics of the composition and properties of Biotechnology for the production of functional foods products, about modern methods of controlling technological operations, the quality of raw materials, semi-finished products, and finished products;
- consolidation of skills on the principles of constructing process flow diagrams, requirements for the quality of raw materials and products, conducting material calculations and choosing rational conditions for carrying out technological operations.

As a result of mastering the discipline, the student must:

To know - biotechnology of Biotechnology for the production of functional foods products, biochemical features of production; organization of incoming quality control of raw materials and auxiliary materials, production control of biotechnological processes, parameters of technological processes and quality control of finished products; the principles of the basic biochemical processes taking place in the production of Biotechnology for the production of functional foodss, to know the problems and prospects for the development of the industry with a view to their further use to ensure the production of high-quality products;

**Be able to -** independently study the educational and scientific literature in the field of biotechnology of Biotechnology for the production of functional foodss; choose rational conditions for carrying out technological processes;

determine the main characteristics of the composition and properties of products; substantiate the consumption rates of raw materials and auxiliary materials in the production process; substantiate the functional properties of products; develop regulatory and technical documentation, technical regulations, etc.; to master new types of technological equipment when changing the schemes of technological processes, to master new instrumentation techniques and new research methods; put the acquired knowledge into practice when solving professional problems;

**To own -** methods of managing biotechnological processes of Biotechnology for the production of functional foods production.

As a result of studying this discipline, the following professional competencies (elements of competencies) are formed in students.

Code and wording of competency	Competency Stages		
PK-11 with the ability to provide technological	Knows	technological discipline, sanitary-hygienic mode of operation of the enterprise, the maintenance of technological equipment in proper technical condition	
discipline, sanitary and hygienic operation of the enterprise, the	Is able	provide technological discipline, sanitary-hygienic operation of the enterprise, the maintenance of technological equipment in proper technical condition	
maintenance of technological equipment in proper technical condition	Owns	skills to ensure technological discipline, sanitary- hygienic mode of operation of the enterprise, the maintenance of technological equipment in proper technical condition	
PK-14 with the ability to use standard and develop new methods	Knows	standard and new methods of engineering calculations of technological parameters and equipment of biotechnological industries	
of engineering calculations of technological	Is able	use standard and develop new methods of engineering calculations of technological parameters and equipment of biotechnological industries	
parameters and equipment of biotechnological industries	Owns	skills of using standard and developing new methods of engineering calculations of technological parameters and equipment of biotechnological industries	
PK-17 readiness for	Knows	pilot development of technology and process scaling	
experimental development of	Is able	to carry out pilot industrial testing of technology and scaling of processes	
technology and process scaling	Owns	skills for pilot development of technology and process scaling	
PK-18 with the ability to develop and scientifically substantiate schemes	Knows	optimal integrated certification schemes for biotechnological products	
	Is able	to develop and scientifically substantiate schemes for the optimal integrated certification of biotechnological	

for the optimal integrated certification of biotechnological products		products		
	Owns	skills of development and scientific substantiation of schemes for the optimal integrated certification of biotechnological products		
PK-19 with the ability to analyze	Knows	analysis of technological process indicators for compliance with initial scientific developments		
technological process indicators for	Is able	analyze the performance of the technological process for compliance with the original scientific developments		
compliance with initial scientific developments	Owns	skills in analyzing technological process indicators for compliance with initial scientific developments		

To form the above competencies in the framework of the discipline "«Functional food / Функциональные продукты питания», the following methods of active / interactive training are used: lecture-discussion, round table.

### I. STRUCTURE AND CONTENT OF THE THEORETICAL PART OF THE COURSE

# Section I. Biotechnology for the production of functional foodss (9 hours)

#### **Topic 1. Food classification (1 hour)**

The role of functional products in the implementation of the state policy of the Russian Federation in the field of healthy nutrition of the population. Consumer Products. Functional nutrition products. Medical and preventive nutrition products.

# Topic 2. Lecture-discussion (MAO): Principles of creating Biotechnology for the production of functional foodss (4 hours)

During the lecture-discussion, the teacher gives individual examples in the form of situations or briefly formulated problems, respectively, students analyze and discuss specific situations and material. The teacher, when presenting the lecture material, uses the students' answers to their questions and organizes a free exchange of views in the intervals between logical sections.

Questions of the lecture: basic principles for the development of Biotechnology for the production of functional foods products; selection criteria for fortified products; biomedical evaluation of fortified products; basic technological methods for introducing functional ingredients into food products.

## Topic 3. Ingredients used in the production of Biotechnology for the production of functional foodss (1 hour)

Classification of functional ingredients. Requirements for raw materials and food components used in the production of Biotechnology for the production of functional foodss.

#### Topic 4. Biotechnology of functional dairy and meat products (1 hour)

Characteristics of probiotic microorganisms and their physiological effect on the human body. The principles of selection of strains of microorganisms with desired properties to obtain bacterial starter cultures for the purpose of biotransformation of nutrients of dairy and meat raw materials in the production of Biotechnology for the production of functional foodss. The use of probiotic microorganisms in the biotechnology of dairy and meat products. Characterization of prebiotics and their use in biotechnology of dairy and meat products.

### Topic 5. Production of functional drinks and food concentrates (2 hours)

Classification of functional drinks. Technological aspects of the production of functional drinks.

Instant porridge. Curly Corn Products. Semi-finished products of flour products.

### II. STRUCTURE AND CONTENT OF THE PRACTICAL PART OF THE COURSE

#### **Practical classes (27 hours)**

Lesson 1. "Technology of products enriched with pectin and dietary fiber. Determination of the influence of technological parameters on the quality of finished products "(4 hours)

- 1. Familiarization with the properties of biopolymers of plant materials, the influence of technological processing on their content and form in the finished product.
- 2. The role of hydrocarbon biopolymers in human nutrition, their content in fruit raw materials and products of its processing, the influence of production technology on the change in the properties of pectin substances.

# Lesson 2. "Technology of products enriched with b-carotene. The influence of heat treatment on the content of b-carotenes in the finished product "(4 hours)

- 1. Familiarization with the properties of carotenoids of plant materials, the influence of technological processing on their content in the finished product.
- 2. The role of carotenoids in the metabolism, their content in raw materials of plant origin and products of its processing, the influence of production technology on the mass fraction of carotene.
- 3. Determination of the mass fraction of carotene in the processed products of plant materials and the spectrum of carotenoids in non-polar solvents.

# Lesson 3. "Technology of products enriched with L - ascorbic acid. Determination of the mass fraction of biologically active substances in the manufacturing process of the product "(4 hours)

- 1. Familiarization with the properties of phenolic compounds and L-ascorbic acid of fruit and berry raw materials, the influence of technological processing on their content in the finished product.
- 2. The role of phenolic compounds and L-ascorbic acid in the metabolism, their content in fruit raw materials and products of its processing, the influence of production technology on the mass fraction of phenolic compounds and L-ascorbic acid.
- 3. Determination of the mass fraction of phenolic compounds and L-ascorbic acid in the processed products of plant materials.

# Lesson 4. "Technology of products with betaine. Determination of pigment content in beetroot juice. The influence of technological parameters

#### on the color change of beet juice "(5 hours)

- 1. Familiarization with the properties of betaine, the influence of technological processing on their content in the processed products of table beets.
- 2. The role of betaine in metabolism, the mass fraction of betaine in beets and products of its processing, the influence of production technology on the mass fraction of betaine.
- 3. Determination of the mass fraction of betaine in processed beetroot products and color change of the product.

# Lesson 5. Round table (MAO) on the topic: "Technology of products enriched with minerals. Determination of the mass fraction of minerals in dairy products "(2 hours)

Points for discussion:

- 1. Familiarization with the role of minerals in human nutrition.
- 2. The role of calcium, magnesium, iron in metabolism, the possibility of producing products with a high content of minerals
- 3. Determination of the mass fraction of calcium, magnesium, iron in food products.

To participate in the discussion of the topic of the round table, students should be familiar with the basics of the biotechnology being discussed, the essence of the process, the concepts of enrichment of products, functional ingredients; requirements for raw materials and food components.

The round table is aimed at consolidating the knowledge gained by students, as well as the ability to conduct a discussion.

During the round table, students draw up technological schemes.

## Lesson 6. Round table (MAO) on the topic: "Technology of dairy products enriched with fruit and berry additives" (8 hours)

Points for discussion:

- 1. Familiarization with the role of dairy products enriched with fruit and berry supplements in human nutrition.
  - 2. The technology of production of dairy products enriched with fruit and

berry additives.

3. Determination of the mass fraction of the main quality indicators of dairy products enriched with fruit and berry additives.

To participate in the discussion of the topic of the round table, students should be acquainted with the basics of the technology of fortified dairy products, the concepts of fortification of products, functional ingredients; requirements for raw materials and food components.

The round table is aimed at consolidating the knowledge gained by students, as well as the ability to conduct a discussion.

During the round table, students draw up process flow diagrams.

### III. TRAINING AND METHODOLOGICAL SUPPORT OF STUDENTS'S INDEPENDENT WORK

Educational and methodological support for the independent work of students in the discipline "Biotechnology for the production of functional foods / «Functional food / Функциональные продукты питания» is presented in Appendix 1 and includes:

a schedule of independent work on the discipline, including approximate norms of time to complete each task;

characteristics of tasks for independent work of students and guidelines for their implementation;

requirements for the presentation and presentation of the results of independent work;

criteria for evaluating the performance of independent work.

#### IV. CONTROL OF ACHIEVING COURSE OBJECTIVES

№	Supervised		Codes and stages of formation of	Evaluation Tools	
	sections /		competencies	current	intermediate
	topics of			control	certification
	discipline				
1	Section I.	PK-	knows the technological discipline, sanitary-		Exam
	Biotechnology for	11;	hygienic mode of operation of the enterprise,	interview,	Questions 1-44
	the production of	PK-	the maintenance of technological equipment in	UO-2 -	Pr-1 - final test
	functional foodss	14;	proper technical condition; standard and new	colloquium,	
		PC	methods of engineering calculations of technological parameters and equipment of	PR-4 -	
		17;	biotechnological industries; pilot development	abstract	

	<del>,</del>	
PK-	of technology and process scaling; optimal	
18;	integrated certification schemes for	
PK-	biotechnological products; analysis of	
19	technological process indicators for compliance	
	with initial scientific developments	
	Able to provide technological discipline,	
	sanitary-hygienic mode of operation of the	
	enterprise, the maintenance of technological	
	equipment in proper technical condition; use	
	standard and develop new methods of	
	engineering calculations of technological	
	parameters and equipment of biotechnological	
	industries; to carry out pilot industrial testing of	
	technology and scaling of processes; to develop	
	and scientifically substantiate schemes for the	
	optimal integrated certification of	
	biotechnological products; analyze the	
	performance of the technological process for	
	compliance with the original scientific	
	developments	
	owns the skills to ensure technological	
	discipline, sanitary-hygienic mode of operation	
	of the enterprise, the maintenance of	
	technological equipment in proper technical	
	condition; skills of using standard and	
	developing new methods of engineering	
	calculations of technological parameters and	
	equipment of biotechnological industries; skills	
	for pilot development of technology and scaling	
	processes; skills in the development and	
	scientific justification of schemes for the	
	optimal integrated certification of	
	biotechnological products; skills in analyzing	
	technological process indicators for compliance	
	with initial scientific developments	

Typical control tasks, methodological materials that determine the procedures for assessing knowledge, skills and (or) experience, as well as the criteria and indicators necessary for assessing knowledge, skills, and characterizing the stages of formation of competencies in the process of developing an educational program are presented in the Appendix 2.

### V. LIST OF TRAINING LITERATURE AND INFORMATION AND METHODOLOGICAL SUPPORT OF DISCIPLINE

#### Main literature

(electronic and print editions)

1. Biotechnology for the production of functional foods: a textbook for universities / [R. A. Zaynullin, R.V. Kunakova, H.K. Gadeleva and others]. Moscow: KnoRus, 2012 .-- 303 p. (3 copies) http://lib.dvfu.ru:8080/lib/item?id=chamo:667028&theme=FEFU

- 2. Biotechnology for the production of functional foodss. Introduction to technology: a textbook for high schools / A. F. Doronin, L. G. Ipatova, A. A. Kochetkova [et al.]; under the editorship of A.A. Kochetkova. Moscow: DeLi Print, 2009 .-- 286 p. (3 copies) http://lib.dvfu.ru:8080/lib/item?id=chamo{59590&theme=FEFU
- 3. Vitamins and vitamin-like substances: a training manual / Yu. A. Tyrsin, A. A. Krolevets, A. S. Chizhik. Moscow: DeLi Plus, 2013 .-- 202 p. (2 copies) http://lib.dvfu.ru:8080/lib/item?id=chamo:732093&theme=FEFU

#### **Additional literature**

(print and electronic publications)

- 1. Neverova O. A., Food biotechnology of products from raw materials of plant origin: Textbook. / O.A. Neverova, G.A. Gorelikova, A. Yu. Prosekov, V.M. Poznyakovsky M.: SIC INFRA-M, 2014 .-- 318 p. http://lib.dvfu.ru:8080/lib/item?id=IPRbooks:IPRbooks-4160&theme=FEFU
- 2. Technology for the production of Biotechnology for the production of functional foods [Electronic resource]: teaching aid / Venetsian AS, Mishina O. Volgograd: Volgograd GAU, 2014. 80 p. Access Mode: http://znanium.com/catalog/product/615070
- 3. Zinoviev M.E. Technology of functional nutrition products [Electronic resource]: study guide / Zinovieva M.E., Schneider K.L. Electron. textual data. Kazan: Kazan National Research Technological University, 2016. 175 c. Access mode: http://www.iprbookshop.ru/79571.html. ELS "IPRbooks".
- 4. Quality management of Biotechnology for the production of functional foods ingredients [Electronic resource]: monograph / L.G. Eliseeva [et al.] .— Electron. textual data. M.: Paleotype, 2013.— 210 c .— Access mode: http://www.iprbookshop.ru/48705.html. ELS "IPRbooks".
- 5. Biotechnology of combined foods based on dairy and microbiological raw materials: method. directions to the lab. works for students special. 240902 "Food biotechnology" of all forms of education / comp. N.V. Xitun, E.S. Fishchenko. Biotechnology of dairy production, Vladivostok: Publishing House of the Pacific

- Economic University, 2009. 96 p. (8 copies). http://lib.dvfu.ru:8080/lib/item?id=chamo:357087&theme=FEFU
- 6. Basic principles of processing raw materials of plant, animal, microbiological origin and fish: method. directions for students special. 240902 "Food biotechnology" of all forms of education / comp. E.V. Makarova, Vladivostok: Publishing House of the Pacific Economic University, 2009. 80 p. (10 copies) http://lib.dvfu.ru:8080/lib/item?id=chamo:356130&theme=FEFU
- 7. Drozdova T.M. Physiology of nutrition (text): textbook / T.A. Krasnova, P.E. Vloshchinsky, V.M. Poznyakovsky. M .: De Lee plus, 2011 .-- 352 p. (10 copies).

https://lib.dvfu.ru:8443/lib/item?id=chamo:666788&aid=TAMN3%2B0YoyTYRiO4N1jSLVl33bBH0IT1ZL8rayoDn3w%3D%3BbujE0HvUx8s0Wn4DJUA1MA%3D%3D%3BhHJLDwitYc3eBE7sxgCETbocS0dMGxkO%2B9Wlcdm/yk2fJ3XuaPu9vSNe78sNOwAifvQwUSE6Rj21UYO3BG9B1tAJgvofIMMcpUfJ5OCvnG4%3D

8. Seregin S.A. Biologically active additives in the production of products from animal raw materials [Electronic resource]: study guide / Seregin S.A. - The electron. textual data. - Kemerovo: Kemerovo Technological Institute of Food Industry, 2014. - 104 p. - Access mode: http://www.iprbookshop.ru/61260.html - ELECTRONIC SYSTEM "IPRbooks".

#### Regulations

- 1. GOST R 54059-2010 Biotechnology for the production of functional foods products. Biotechnology for the production of functional foods ingredients. Classification and general requirements.
- 2. GOST R 52349-2005 Food Products. Biotechnology for the production of functional foods products. Terms and Definitions.
  - 3. GOST R 56543-2015 Functional drinks. General specifications.
- 4. GOST R 56145-2014 Biotechnology for the production of functional foods products. Methods of microbiological analysis.

5. GOST R 55577-2013 Specialized and Biotechnology for the production of functional foods products. Information on hallmarks and effectiveness.

### VI. METHODOLOGICAL INSTRUCTIONS FOR THE DEVELOPMENT OF THE DISCIPLINE

The theoretical part of the discipline "«Functional food / Функциональные продукты питания» is revealed in the lecture classes, as a lecture is the main form of training, where the teacher gives the basic concepts of the discipline.

The sequence of presentation of the material at the lecture classes is aimed at forming an indicative basis for students for the subsequent assimilation of the material during independent work.

In practical classes during discussions at seminars and in discussing essays, students learn to analyze and predict the development of biotechnology of Biotechnology for the production of functional foods products in various applications as a science, and reveal its scientific and social problems.

Practical classes of the course are held in all sections of the curriculum. Practical work is aimed at developing students' independent research work skills. During practical classes, the student performs a set of tasks that allows you to consolidate lecture material on the topic under study, to obtain basic skills in various fields of discipline. Active consolidation of theoretical knowledge is facilitated by the discussion of the problematic aspects of the discipline in the form of a seminar and practical exercises. At the same time, the skills of independent research activity are developed in the process of working with scientific literature, periodicals, the formation of the ability to defend one's point of view reasonably, listen to others, answer questions, and lead discussions.

When writing essays, it is recommended that you independently find the literature for it. The abstract reveals the content of the investigated problem. Work on the essay helps to deepen understanding of individual issues of the course, to

form and defend your point of view, to acquire and improve independent creative work skills, to conduct active cognitive work.

The main types of independent work of undergraduates is work with literary sources and methodological recommendations for studying the technology of Biotechnology for the production of functional foods products, Internet resources for more in-depth familiarization with certain problems of the technology of functional products. The results of the work are drawn up in the form of abstracts or reports with subsequent discussion. Topics of essays correspond to the main sections of the course.

To conduct ongoing monitoring and intermediate certification, several oral interviews and test-control works are carried out.

#### VII. MATERIAL AND TECHNICAL SUPPORT OF DISCIPLINE

Logistical support for the implementation of the discipline includes classrooms for lectures and practical classes, equipped with multimedia equipment, and corresponding to sanitary and fire safety standards.

Name of equipped premises	List of main equipment		
Laboratory of General	Training furniture for 25 workplaces, teacher's place (table,		
Food Biotechnology	chair).		
Vladivostok, about.	Analytical and technological equipment (M311): Milk		
Russian p. Ajax 10,	centrifuge with heating ЦЛМ 1-12; Liquid thermostat LOIP Lt-		
Building 25.1, aud. M	208a, volume 8l, 120x150 / 200mm; Analyzer of milk quality		
311.	Lactan 1-4 mod. 230; PH-millivolmeter with tripod pH-150MI;		
The classroom for	VSP 1.5-2-3T scales; Refrigerator "Ocean-RFD-325B"; Drying		
lectures, practical and	cabinet, stainless steel chamber. steel, 58l; electric stove 111CH		
laboratory classes, group	101-226589; PE-6110 magnetic stirrer with heating; VNZh-0,3-		
and individual	KhS3 viscometer (d-1.41) glass capillary; Tripod PE-2710 lab. for		
consultations, ongoing	burettes.		

monitoring and interim	Multimedia equipment: Monoblock Lenovo C360G-					
certification.	i34164G500UDK; Screen with electric 236 * 147 cm Trim Screen					
	Line; DLP projector, 3000 ANSI Lm, WXGA 1280x800, 2000: 1					
	EW330U Mitsubishi; Subsystem of specialized hardware mounts					
	CORSA-2007 Tuarex; Video Switching Subsystem: DVI DXP 44					
	DVI Pro Extron matrix switcher; Extender DVI over twisted pair					
	DVI 201 Tx / Rx; Subsystem of audio switching and sound					
	reinforcement; ceiling mount speaker SI 3CT LP Extron; Sennheiser					
	EW 122 G3 UHF Microphone Lavalier Radio System with a					
	wireless microphone and receiver; DMP 44 LC Extron digital audio					
	processor; Extron IPL T S4 Network Management Controller;					
	Wireless LANs for students are provided with a system based on					
	802.11a / b / g / n 2x2 MIMO (2SS) access points.					
	Independent work					
Computer class	Training furniture for 17 workplaces, teacher's place (table, chair).					
Vladivostok, about.	Monoblock Lenovo C360G-i34164G500UDK 19.5 "Intel Core i3-					
Russian p. Ajax 10,	4160T 4GB DDR3-1600 SODIMM (1x4GB) 500GB Windows					
Building 25.1, aud.	Seven Enterprise - 17 pcs; Wired LAN - Cisco 800 series; Wireless					
M621.	LAN for students with a system based on 802.11a / b access points /					
The classroom for	g / n 2x2 MIMO (2SS).					
lectures, practical						
exercises, group and						
individual consultations,						
ongoing monitoring and						
interim certification.						
Reading rooms of the	Reading room equipment of the FEFU Scientific Library: HP All-					
FEFU Scientific Library	in-One 400 All-in-One Monoblock 400 All-in-One 19.5					
with open access to the	(1600x900), Core i3-4150T, 4GB DDR3-1600 (1x4GB), 1TB HDD					
fund (building A - level	7200 SATA, DVD +/- RW, GigEth, Wi- Fi, BT, usb kbd / mse,					
10)	Win7Pro (64-bit) + Win8.1Pro (64-bit), 1-1-1 Wty Internet access					
10)	speed of 500 Mbps. Workplaces for people with disabilities are					
	equipped with braille displays and printers; equipped with: portable					
	devices for reading flat-printed texts, scanning and reading					
	machines with a video enlarger with the ability to control color					
	spectra; magnifying electronic magnifiers and ultrasonic markers					



# МИНИСТЕРСТВО НАУКИ И ВЫСШЕГО ОБРАЗОВАНИЯ РОССИЙСКОЙ ФЕДЕРАЦИИ Федеральное государственное автономное образовательное учреждение высшего образования «Лальневосточный федеральный университет»

«Дальневосточный федеральный университет» (ДВФУ)

ШКОЛА БИОМЕДИЦИНЫ

#### УЧЕБНО-МЕТОДИЧЕСКОЕ ОБЕСПЕЧЕНИЕ САМОСТОЯТЕЛЬНОЙ РАБОТЫ ОБУЧАЮЩИХСЯ

по дисциплине «Functional food / Функциональные продукты питания» Направление подготовки 19.04.01 Биотехнология

магистерская программа «Agri-Food Biotechnology» Форма подготовки очная

Владивосток 2021

#### Schedule of independent work on the discipline

№	Date / Deadline	Type of independent work	Estimated time to complete	Form of control
1	24-25 week	Preparation of essays	14	Abstract, interview on the topic of abstract
2	26-27 week	Presentation preparation	14	Presentation, interview on the topic of presentation
3	28-29 week	Test preparation	14	Test
4	30-32 week	Round table preparation	14	Holding a round table
5	Every week of the semester	Preparation for practical work	16	Practice Report

Students' independent work consists of preparing for practical classes, working on recommended literature, writing reports on the topic of a seminar, preparing presentations.

The teacher offers each student individual and differentiated tasks. Some of them can be carried out in a group (for example, several students can do the preparation of a report and presentation on the same topic, sharing their responsibilities - one prepares the scientific and theoretical part, and the second carries out an analysis of the practice).

#### Tasks for self-fulfillment

- 1. Literature should be analyzed on a given topic of the round table. According to the developed material, the topic of the round table should be prepared and presented for discussion.
- 2. Writing an essay on a topic proposed by the teacher or independently selected by the student and agreed with the teacher.
  - 3. Preparation of presentations using multimedia equipment.

### Methodological instructions for the abstract The goals and objectives of the abstract

The abstract (from lat. Referto - report, report) is a summary of the problems of a practical or theoretical nature with the formulation of certain conclusions on the subject. A student-selected problem is studied and analyzed based on one or more sources. In contrast to the course project, which is a comprehensive study of the problem, the abstract is aimed at analyzing one or more scientific papers.

The objectives of writing an abstract are:

development of students' skills in finding relevant problems of modern legislation;

- development of skills to summarize the material with highlighting only the most significant points necessary to reveal the essence of the problem;
- development of skills to analyze the material studied and formulate their own conclusions on the selected issue in writing, in a scientific, competent language.

The tasks of writing an abstract are:

- teach the student to convey the opinions of the authors as faithfully as possible, on the basis of which the student writes his essay;
- teach the student to correctly state their position on the problem analyzed in the abstract;
- prepare the student for further participation in scientific practical conferences, seminars and competitions;
- help the student to determine the topic of interest to him, the further disclosure of which is possible when writing a term paper or diploma;
- to clarify for themselves and state the reasons for their consent (disagreement) with the opinion of one or another author on this issue.

#### The basic requirements for the content of the essay, course project

The student should use only those materials (scientific articles, monographs, manuals) that are directly related to their chosen topic. Remote reasoning not related to the problem being analyzed is not allowed. The content of the abstract

should be specific, only one problem should be investigated (several are allowed, only if they are interconnected). The student must strictly adhere to the logic of presentation (start with the definition and analysis of concepts, go to the problem statement, analyze the ways to solve it and draw the appropriate conclusions). The abstract should end with a conclusion on the topic.

The structure of the abstract consists of:

- 1. The title page;
- 2. Introduction, where the student formulates the problem to be analyzed and investigated;
- 3. The main text, which consistently reveals the selected topic. Unlike term paper, the main text of the essay involves a division into 2-3 paragraphs without highlighting the chapters. If necessary, the text of the abstract can be supplemented by illustrations, tables, graphs, but they should not "overload" the text;
- 4. Conclusions, where the student formulates conclusions made on the basis of the main text.
- 5. The list of used literature. This list refers to those sources that the student refers to in preparing the essay, as well as others that were studied by him during the preparation of the essay.

The abstract is 10-15 pages of typewritten text, but in any case should not exceed 15 pages. Interval - 1.5, font size - 14, margins: left - 3 cm, right - 1.5 cm, upper and lower - 1.5 cm. Pages must be numbered. The indent from the beginning of the line is 1.25 cm.

#### The order of delivery of the abstract and its assessment

Abstracts are written by students during the semester in the terms set by the teacher in a particular discipline, reported by the student and submitted for discussion. The printed version is given to the teacher, leading the discipline.

Based on the results of the check, the student is given a certain number of points, which is included in the total number of student points scored by him during the semester. When evaluating the abstract, the correspondence of the content to the chosen topic, the clarity of the work structure, the ability to work with scientific

literature, the ability to pose a problem and analyze it, the ability to think logically, knowledge of professional terminology, and literacy are taken into account.

#### **Recommended topics and list of abstracts**

- 1. Identification and molecular genetic characteristics of probiotic microorganisms. Molecular mechanisms of action of probiotics.
- 2. New probiotics, prebiotics, synbiotics and Biotechnology for the production of functional foodss.
- 3. Nutrition problems of healthy and sick people: trophology, therapeutic, functional and supportive nutrition, biologically active food supplements (BAA) in clinical and nutritional practice.
  - 4. Safety assessment of probiotic preparations and food products.
  - 5. The use of stanols for the production of functional products.
- 6. Using the light culture method to create Biotechnology for the production of functional foods products.
  - 7. Biotechnology for the production of functional foodss with dietary fiber.
  - 8. Dietary fiber: its role in human nutrition and use in the food industry.
- 9. Biotechnology for the production of functional foods products using additives of biological origin.
- 10. Biotechnology for the production of functional foodss used for diseases of the gastrointestinal tract, lipid metabolism disorders, diseases of the nervous system, and to maintain immunity.
- 11. The use of thermoplastic extrusion in the development of Biotechnology for the production of functional foods products.
  - 12. Modeling and forecasting recipes and technologies in food development.
  - 13. Methodology for creating Biotechnology for the production of functional

foodss.

- 14. The construction of Biotechnology for the production of functional foodss.
- 15. New technologies of Biotechnology for the production of functional foods products from various types of raw materials.
- 16. Biologically active additives: nutraceuticals, parapharmaceuticals, eubiotics and their main fields of application.
  - 17. Technology of radioprotective and immunomodulating food products.
  - 18. Pectin as a promising food supplement of the 21st century.
- 19. Functional ingredients and their use in the production of food products for meat, dairy, bakery, confectionery, pasta and canned goods, oils and fats, drinks, etc.
- 20. The use of biologically active additives in therapeutic and prophylactic food products.
  - 21. Innovative technologies in the modeling of functional products.
- 22. Nutritional supplements in Biotechnology for the production of functional foodss.
  - 23. A modular approach to creating vitamin premixes.
- 24. Biotechnology for the production of functional foodss in the prevention of accelerated aging. Characteristic, technology features.



# МИНИСТЕРСТВО НАУКИ И ВЫСШЕГО ОБРАЗОВАНИЯ РОССИЙСКОЙ ФЕДЕРАЦИИ Федеральное государственное автономное образовательное учреждение высшего образования «Дальневосточный федеральный университет» (ДВФУ)

#### ШКОЛА БИОМЕДИЦИНЫ

#### ФОНД ОЦЕНОЧНЫХ СРЕДСТВ

по дисциплине «Functional food / Функциональные продукты питания» Направление подготовки 19.04.01 Биотехнология магистерская программа «Agri-Food Biotechnology» Форма подготовки очная

Владивосток 2021

#### **Passport FOS**

in the discipline "«Functional food / Функциональные продукты питания»

Code and wording of competency		Competency Stages
PK-11 with the ability to provide technological	Knows	technological discipline, sanitary-hygienic mode of operation of the enterprise, the maintenance of technological equipment in proper technical condition
discipline, sanitary and hygienic operation of the enterprise, the maintenance of	Is able	provide technological discipline, sanitary-hygienic operation of the enterprise, the maintenance of technological equipment in proper technical condition
technological equipment in proper technical condition	Owns	skills to ensure technological discipline, sanitary- hygienic mode of operation of the enterprise, the maintenance of technological equipment in proper technical condition
PK-14 with the ability to use standard and develop new methods	Knows	standard and new methods of engineering calculations of technological parameters and equipment of biotechnological industries
of engineering calculations of technological parameters and equipment of biotechnological industries	Is able	use standard and develop new methods of engineering calculations of technological parameters and equipment of biotechnological industries
	Owns	skills of using standard and developing new methods of engineering calculations of technological parameters and equipment of biotechnological industries
PK-17 readiness for	Knows	pilot development of technology and process scaling
experimental development of	Is able	to carry out pilot industrial testing of technology and scaling of processes
technology and process scaling	Owns	skills for pilot development of technology and process scaling
PK-18 with the ability to develop and	Knows	optimal integrated certification schemes for biotechnological products
scientifically substantiate schemes for the optimal	Is able	to develop and scientifically substantiate schemes for the optimal integrated certification of biotechnological products
integrated certification of biotechnological products	Owns	skills of development and scientific substantiation of schemes for the optimal integrated certification of biotechnological products
PK-19 with the ability to analyze	Knows	analysis of technological process indicators for compliance with initial scientific developments
technological process indicators for	Is able	analyze the performance of the technological process for compliance with the original scientific developments
compliance with initial scientific developments	Owns	skills in analyzing technological process indicators for compliance with initial scientific developments

№	Supervised	Codes and stages of formation of	Eval	uation Tools
	sections / topics of discipline	competencies	current control	intermediate certification
1	Section I. Biotechnology for the production of functional foodss	PK- 11; hygienic mode of operation of the enterprise, the maintenance of technological equipment in proper technical condition; standard and new methods of engineering calculations of technological parameters and equipment of biotechnological industries; pilot development of technology and process scaling; optimal integrated certification schemes for biotechnological products; analysis of technological process indicators for compliance with initial scientific developments  Able to provide technological discipline, sanitary-hygienic mode of operation of the enterprise, the maintenance of technological equipment in proper technical condition; use standard and develop new methods of engineering calculations of technological industries; to carry out pilot industrial testing of technology and scaling of processes; to develop and scientifically substantiate schemes for the optimal integrated certification of biotechnological products; analyze the performance of the technological process for compliance with the original scientific developments  owns the skills to ensure technological discipline, sanitary-hygienic mode of operation of the enterprise, the maintenance of technological equipment in proper technical condition; skills of using standard and developing new methods of engineering calculations of technological parameters and equipment of biotechnological processes; skills in the development and scientific justification of schemes for the optimal integrated certification of biotechnological process indicators for compliance with initial scientific developments	UO-1 - interview, UO-2 - colloquium, PR-4 - abstract	Exam Questions 1-44 Pr-1 - final test

The scale for assessing the level of formation of competencies in the discipline "«Functional food / Функциональные продукты питания»

Code and	1	petency Stages	нальные продук Criteria	Indicators	Points
wording of competency	Comp	secency Stages	Cincia	indicators	Tomes
PK-11 with the ability to provide technological discipline, sanitary and hygienic operation of the enterprise, the maintenance of technological equipment in proper technical condition	knows (threshold level)	technological discipline, sanitary- hygienic mode of operation of the enterprise, the maintenance of technological equipment in proper technical condition	knowledge of the sanitary-hygienic mode of operation of the enterprise, the maintenance of technological equipment in proper technical condition	ability to define basic concepts in the organizational and production field; the ability to list and disclose the essence of the norms and rules of the organizational and production area	45-64
	able (advanced)	comply with the sanitary-hygienic mode of operation of the enterprise, taking into account the technological features of production, contain technological equipment in proper technical condition	the ability to comply with the sanitary- hygienic mode of operation of the enterprise, to maintain technological equipment in proper technical condition	the ability to apply the terminological apparatus of the organizational and production area, to work with regulatory documents	65-84
	owns (high)	methods of compliance with the sanitary-hygienic regime of the enterprise	tools, methods and techniques for determining sanitary and hygienic indicators at the enterprise	the ability to use technological equipment on their own, to ensure technological discipline, the sanitary-hygienic regime of the enterprise	85-100
PK-14 with the ability to use standard and develop new methods of engineering calculations of technological parameters and equipment of	knows (threshold level)	features of standard and new methods of engineering calculations of technological parameters and equipment of biotechnological industries	knowledge of the basic concepts and terminologies of engineering calculations of technological parameters and equipment of biotechnological industries	the ability to uncover the essence of methods of engineering calculations of technological parameters and equipment of biotechnological industries	45-64
biotechnological industries	able (advanced)	use standard methods of engineering calculations of technological parameters and equipment of biotechnological industries	ability to work with methods of engineering calculations of technological parameters and equipment of biotechnological industries	the ability to justify and apply the results at biotechnological enterprises	65-84
	owns (high)	methods of using standard and new methods of	the ability to understand the requirements for the	ability to conduct independently engineering	85-100

		T	T		ı
		engineering	content and sequence	calculations of	
		calculations of	of development of	technological	
		technological parameters and	methods of engineering	parameters and equipment of	
		equipment of	calculations of	biotechnological	
		biotechnological	technological	industries	
		industries	parameters and	industries	
		madstres	equipment of		
			biotechnological		
			industries		
PK-17 readiness		the basics of pilot	knowledge of the	the ability to give	45-64
for experimental		development of	basics of industrial	definitions of basic	
development of		technology and	technology	concepts in the field	
technology and	knows	process scaling	development and	of pilot development	
process scaling	(threshold		process scaling	of technology and	
	level)			process scaling; list	
				and disclose the	
				essence of research	
				methods	
		to carry out pilot	the ability to conduct	the ability to apply the	65-84
		industrial	pilot industrial testing	terminological	
		development of	of technology and	apparatus of the	
	able	technology and	scaling processes	biotechnological field	
	(advanced)	process scaling		and explain the	
				essence of methods in	
				verbal answers to	
				questions and in	
		4 1 6 7 4	D : C. 1	written works	05.100
		methods of pilot	Possession of tools,	the ability to work	85-100
		development of	methods and	with data on pilot	
	over a	technology and	techniques for pilot	industrial testing of	
	Owns (bigh)	process scaling	development of technology and	technology and	
	(high)		scaling processes	process scaling, to conduct independent	
			scaring processes	research and present	
				their results	
PK-18 with the		the basics of	knowledge of the	the ability to reveal	45-64
ability to develop		developing schemes	basic principles for	the essence of the	15 01
and scientifically		for the optimal	developing schemes	development of	
substantiate	knows	integrated	for the optimal	schemes for the	
schemes for the	(threshold	certification of	integrated	optimal integrated	
optimal integrated	level)	biotechnological	certification of	certification of	
certification of	Í	products	biotechnological	biotechnological	
biotechnological			products	products; substantiate	
products				their relevance	
		draw up and	the ability to work	ability to formulate	65-84
		scientifically	with library catalogs,	tasks in the field of	
		substantiate	the ability to compile	integrated	
		schemes for the	and scientifically	certification of	
	able	optimal integrated	substantiate schemes	biotechnological	
	(advanced)	certification of	for the optimal	products	
		biotechnological	integrated		
		products	certification of		
			biotechnological		
			products	414.111	05 100
		methods and	possession of the	the ability to justify	85-100
	owns (high)	techniques for	ability to develop and	and apply optimal	
		developing schemes	scientifically	integrated	
		of optimal	substantiate schemes	certification schemes	
		integrated certification of	for the optimal	for biotechnological	
		biotechnological	integrated certification of	products	
		products	biotechnological		
	L	products	orotecimorogical	<u> </u>	]

			products		
PK-19 with the ability to analyze technological process indicators for compliance with initial scientific developments	knows (threshold level)	features of the analysis of process indicators	knowledge of basic concepts and terminology on the methods of the technological process	the ability to reveal the essence of the methods of analysis of technological process indicators	45-64
	able (advanced)	analyze the performance of the technological process for compliance with the original scientific developments	the ability to work with tables and reference materials, the ability to apply methods of analysis of technological process indicators and implement them in enterprises of biotechnological industries	the ability to justify and apply the results of the analysis of technological process indicators at enterprises of biotechnological production	65-84
	owns (high)	research methods of technological process indicators for compliance with initial scientific developments	mastery of methods for analyzing technological process indicators for compliance with initial scientific developments	ability to conduct independently analysis of technological process indicators for compliance with the initial scientific developments and present their results for discussion at round tables, seminars, scientific conferences	85-100

#### I. Evaluation tools for intermediate certification

Interim certification includes the student's answer to the questions for the classification and passing the final test.

#### **Student grading criteria**

Points (rating)	Credit score / exam (standard)	Requirements for formed competencies
100-85	"Set off" / "excellent"	The student is rated as "excellent" if he has deeply and firmly grasped
		the program material, sets out it comprehensively, consistently, clearly
		and logically in order, knows how to closely relate theory to practice,
		freely copes with tasks, questions and other types of application of
		knowledge, and does not have difficulty response when modifying
		tasks, uses monographic material in the answer
		literature, correctly substantiates the decision, has versatile skills and
		techniques for performing practical tasks.
84-75 "Set off" / "good"		The student is rated "good" if he knows the material well, correctly
		and essentially sets out it, avoiding significant inaccuracies in
		answering the question, correctly applies theoretical principles when
		solving practical questions and tasks, and possesses the necessary

		skills and techniques for their implementation
74-61	"Set off" / "satisfactory"	A student is rated "satisfactory" if he has knowledge of only the basic material, but has not learned its details, admits inaccuracies, insufficiently correct wording, violations of the logical sequence in the presentation of program material, has difficulty in performing practical work.
60-0	"Not set off" / "unsatisfactory"	Evaluation of "unsatisfactory" is given to a student who does not know a significant part of the program material, makes significant mistakes, hesitates, with great difficulty performs practical work. As a rule, grades are given to students who cannot continue their studies without additional classes in the relevant discipline.

#### **Set-off questions**

- 1. Tasks and prospects for the development of functional nutrition products.
- 2. The stages of development and creation of a Biotechnology for the production of functional foods product.
- 3. The basic principles of enrichment of a product with nutrients during its production.
- 4. Biomedical requirements for Biotechnology for the production of functional foods products (harmlessness, organoleptic, general hygiene, technological).
  - 5. Development of recommendations for the use of functional products.
  - 6. Clinical testing of Biotechnology for the production of functional foodss.
  - 7. Foods fortified with micronutrients: jelly.
  - 8. Foods fortified with micronutrients: tea drinks.
  - 9. Foods fortified with micronutrients: dairy desserts.
  - 10. Concentrates of soft drinks enriched with dietary supplements.
  - 11. The explosions and sbitnits enriched with dietary supplements.
  - 12. Jams and jams enriched with dietary supplements.
- 13. Food concentrates of first and second courses of fast cooking, enriched with dietary supplements.
  - 14. Milk sweets enriched with dietary supplements.

- 15. Production of fortified meat products.
- 16. Semi-finished products of flour products enriched with dietary supplements.
  - 17. Flour confectionery enriched with trace elements and vitamins.
  - 18. Bakery products with multifunctional vegetable additives.
  - 19. Bakery products enriched with b-carotene.
  - 20. Bakery products enriched with iodine.
  - 21. Bakery products produced using chitosan.
  - 22. Classification of functional soft drinks.
  - 23. Drinks based on medicinal plants.
  - 24. Soft drinks based on milk.
  - 25. Beekeeping-based soft drinks
  - 26. Functional properties and characteristics of melted edible fats.
  - 27. Functional properties and characteristics of margarine products.
- 28. Functional properties and characteristics of mayonnaise, sauces, dressings, creams.
  - 29. Assortment of functional dairy products.
  - 30. Prebiotic dairy products.
  - 31. Symbiotic dairy products.
  - 32. Dairy products enriched with biologically active substances.
- 33. Requirements for raw materials and production technology of meat products of functional nutrition.
  - 34. Assortment of meat products for functional nutrition.
- 35. Hydrobionts as a raw material for Biotechnology for the production of functional foods products.
- 36. Characterization of traditional and new fish food with functional properties.
  - 37. Technology of functional sweets.
  - 38. Technology functional caramel.

- 39. Technology of functional pastille, marmalade and whipped confectionery.
  - 40. Technology of functional chocolate.
  - 41. Products from aquatic organisms of balanced composition.
- 42. Products from aquatic organisms, enriched with dietary fiber and biologically active substances.
- 43. The use of pro- and prebiotics in the technology of products from aquatic organisms.
  - 44. The use of pro- and prebiotics in the technology of meat products.

#### Final test

#### Variant 1

Task 1. The importance of proteins in the human body is to perform the functions:

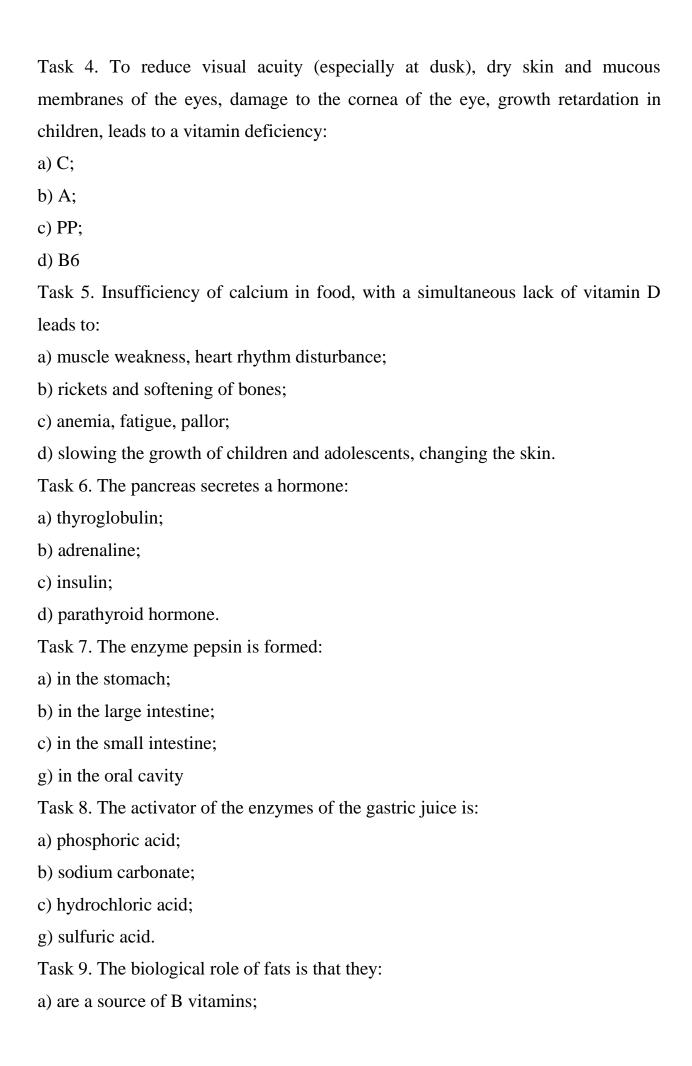
- a) contractile;
- b) antitoxic;
- c) energy, transport, protective, plastic, catalytic, antitoxic;
- g) catalytic.

Task 2. The country in which the concept of functional nutrition first appeared:

- a) Russia;
- b) Canada;
- c) Japan;
- d) China.

Task 3. The proportion of animal protein in the daily protein content is (in%):

- a) 80;
- b) 35;
- c) 50;
- d) 75



- b) are a source of energy, phosphates, fatty acids and fat-soluble vitamins;
- c) are a source of vitamins C and PP;
- g) are sources of minerals.

Task 10. The substance necessary for the normal function of the mucous membranes of the respiratory tract is:

- a) glucose;
- b) vitamin D;
- c) vitamin A;
- g) vitamin C.

#### OPTION 2

#### Task 1. Physiology of nutrition is:

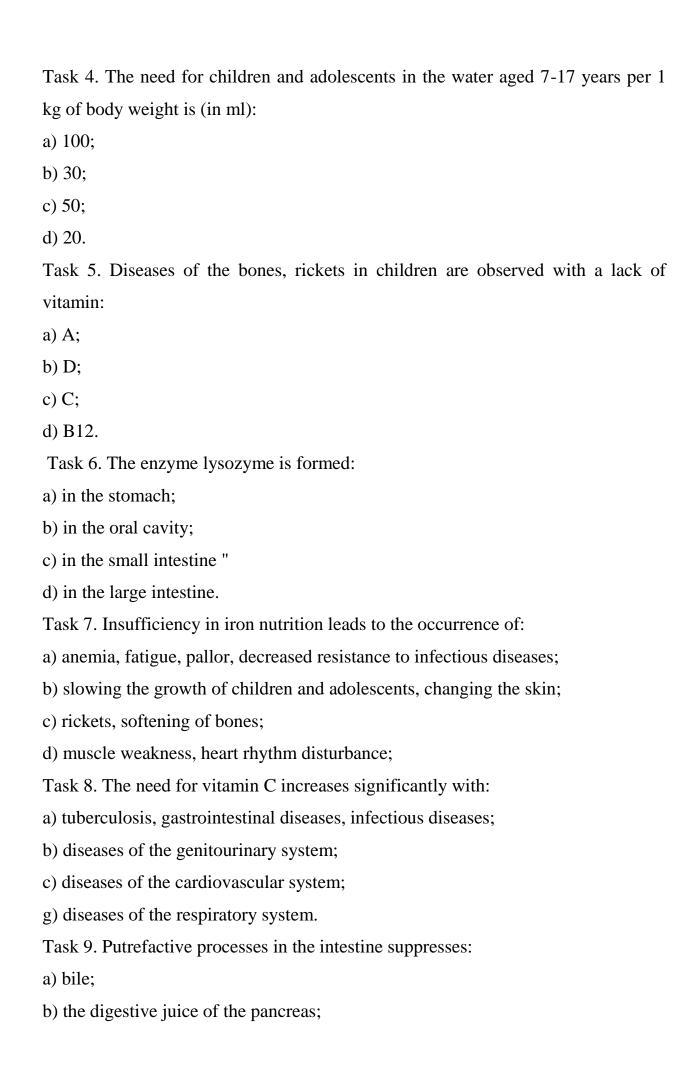
- a) a science that studies the shape and structure of an organism in connection with its functions, development under the influence of the environment;
- b) a science that studies the effect of food on the human body; establishes a person's need for nutrients;
- c) the science of the laws of the vital processes of a living organism, its organs, tissues and cells, their relationship with changing various conditions and conditions of the body;
- d) a science that studies the knowledge of life at various levels of its organization.

#### Task 2. Additional exchange is:

- a) the energy spent on the work of internal organs;
- b) increased metabolism as a result of eating;
- c) the amount of energy spent on the performance of a particular work;
- g) the minimum level of metabolism, expressed in calories.

Task 3. The proportion of proteins of plant origin in the daily protein content is (in%):

- a) 75;
- b) 50;
- c) 45;
- d) 35.



- c) gastric juice;
- g) lysozyme enzyme.

Task 10. The substances with a protective function against microorganisms include:

- a) volatile;
- b) retinol, tocopherol, etc .;
- c) vitamins A, P, E of group B;
- d) sterols, sterols.

#### II. Evaluation tools for ongoing certification

#### **Evaluation Criteria**

- 100-86 points are awarded to the student, if the student expressed his opinion on the formulated problem, argued for it, accurately determining its content and components. The data of domestic and foreign literature, statistical information, regulatory information are given. The student knows and possesses the skill of independent research work on the topic of research; methods and techniques of analysis of theoretical and / or practical aspects of the study area. There are no factual errors related to understanding the problem; graphically, the work is framed correctly
- 85-76 points the work is characterized by semantic integrity, coherence and sequence of presentation; no more than 1 mistake was made in explaining the meaning or content of the problem. For argumentation, data from domestic and foreign authors are given. Demonstrated research skills. There are no actual errors related to understanding the problem. One or two errors in the design of the work
- 75-61 points the student conducts a fairly independent analysis of the main stages and semantic components of the problem; understands the basic foundations and theoretical justification of the chosen topic. The main sources on this topic are brought. No more than 2 errors were made in the meaning or content of the problem, the design of the work

- 60-50 points - if the work is a retransmitted or completely rewritten source text without any comments, analysis. The structure and theoretical component of the topic is not disclosed. Three or more than three errors were made in the semantic content of the disclosed problem and in the design of the work.

### Questions for colloquiums, interviews on the discipline "«Functional food / Функциональные продукты питания»

#### Section I. Biotechnology for the production of functional foodss

- 1. Food classification.
- 2. The principles of creating Biotechnology for the production of functional foodss.
- 3. The ingredients used in the production of Biotechnology for the production of functional foodss.
  - 4. Biotechnology of functional dairy and meat products.
  - 5. Production of functional drinks and food concentrates.

#### **Evaluation Criteria**

- 100-86 points are awarded to the student, if the student knows and is fluent in the material, expressed his opinion on the formulated problem, argued for it. For preparation, the student uses not only lecture material, but also additional domestic and foreign literature.
- 85-76 points the work is characterized by semantic integrity, coherence and sequence of presentation. There are no actual errors related to understanding the problem.
- 75-61 points the student understands the basic foundations and theoretical justification of the topic. The main sources on this topic are brought.
- 60-50 points if the answer is a retransmitted source text, without any comments, analysis. Three or more than three errors were made in the semantic content of the topic.